



The Attachment Network of Connecticut
is pleased to offer the following program for the
No One Eats Alone lunchtime series

**BRIDGES: Building Resiliency and
Secure Relationships among
West Side Chicago Families**

Presented by

Avelina Padin, PhD & Charlene Campbell, LPN

Rush University Medical Center

Community Organizing &
Family Issues (COFI)

March 12, 2025
from 12-1 pm (EST)
Please Join Us!

Attachment Network of Connecticut



About this Event

BRIDGES: Building Resiliency and Secure Relationships among West Side Chicago Families

During this presentation, we will share the work of BRIDGES, a system of care transformation project that aims to expand availability and access to family-focused, relational health supports for Chicago families who have experienced trauma. We will share the BRIDGES model and implementation strategy, with a focus on our efforts to train parents and providers in Circle of Security (COS). A BRIDGES parent leader will share her personal experience of participating in COS training and using the model in her advocacy, organizing, and peer-to-peer support work.



Event Details:

Avelina Padin & Charlene Campbell

Wednesday, March 12, 2025

12 - 1 pm (EST), Zoom event



To REGISTER for the event, which will be held on Zoom please follow this link:

<https://uconn-edu.zoom.us/meeting/register/tjErcOGrqDMjHtM2-iRR6AGhXKy0X1pAFour>

After registering, you will receive a confirmation email containing information about joining the meeting.

About the Presenters



Avelina Padin, PhD: Dr. Padin is a clinical health psychologist and assistant professor in the Department of Psychiatry & Behavioral Sciences at Rush University Medical Center. Dr. Padin has clinical expertise in perinatal mental health and trauma recovery. Her research focuses on implementing individual and system-level interventions to better address the mental health concerns of trauma-exposed pregnant and parenting individuals. Dr. Padin currently serves as a co-PI on the BRIDGES project.

Charlene Campbell, LPN: Ms. Campbell is a BRIDGES parent leader who has been a member of Community Organizing and Family Issues (COFI) for over 10 years. She has seven children and many grandchildren. Ms. Campbell also works as a nurse at Northwestern Hospital in labor and delivery and has helped welcome babies into the world for 25 years. In her role at COFI, she has served as Co- Chair of the Elementary Justice Campaign, helping end the school-to-prison pipeline by limiting out of school suspensions, and has also served as a Head Start Ambassador for many summers.



For more information about ANCT, please visit our website at :
<https://www.attachmentnetworkofconnecticut.com>



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